**Key Words: Thoughts and Feelings**

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| **Sad**  **Tearful**  **Unhappy**  **Miserable**  **Wretched**  **Heartbroken**  **Broken-hearted**  **Despondent**  **Anxious**  **Concerned**  **Distressed**  **Distraught**  **Agitated**  **On edge**  **Frightened** | **Grief-stricken**  **Troubled**  **Fearful**  **Unsettled**  **Low-spirited**  **Troubled**  **Guilty**  **In denial**  **Responsible**  **Helpless**  **Confused**  **Frustrated**  **Uncertain**  **Accepting**  **Emotional** |

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| **Frustration Guilt Torment**  **Agony Pain Anxiety**  **Distress Misery Suffering** |