**Key Words: Thoughts and Feelings**

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| **Sad****Tearful****Unhappy****Miserable****Wretched****Heartbroken****Broken-hearted****Despondent****Anxious****Concerned****Distressed****Distraught****Agitated****On edge****Frightened**  | **Grief-stricken****Troubled****Fearful****Unsettled****Low-spirited****Troubled****Guilty****In denial****Responsible****Helpless****Confused****Frustrated****Uncertain****Accepting****Emotional** |

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| **Frustration Guilt Torment**  **Agony Pain Anxiety****Distress Misery Suffering** |