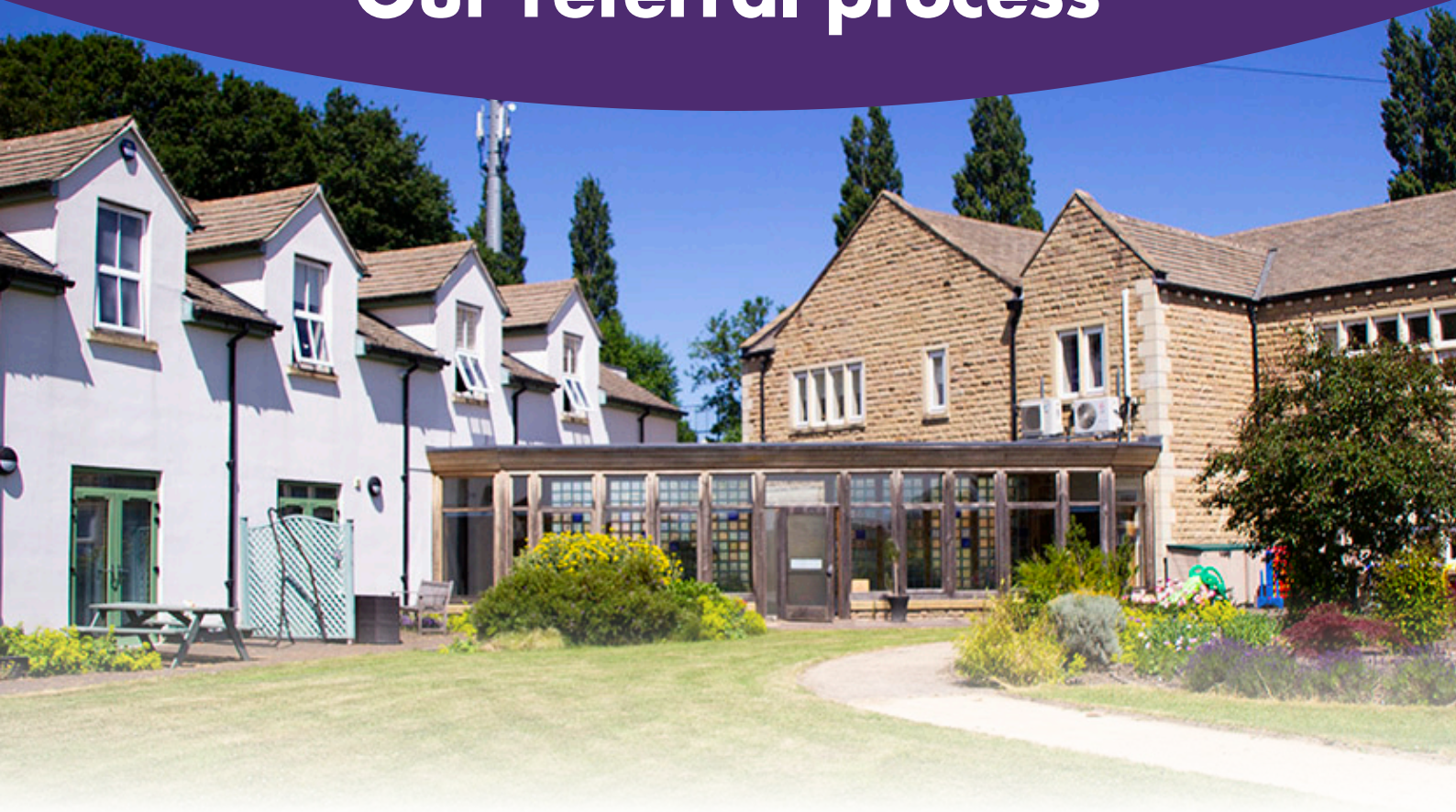




**forget
me
not
children's
hospice**

Our referral process



If a family lives in West Yorkshire and has a child (under the age of 18) with a life-limiting condition or their child has died (16+ weeks into a pregnancy or up to 18 years old) in the last 2 years, then they meet Forget Me Not's eligibility criteria.

More details about eligibility criteria, services and different pathways can be found in this document.

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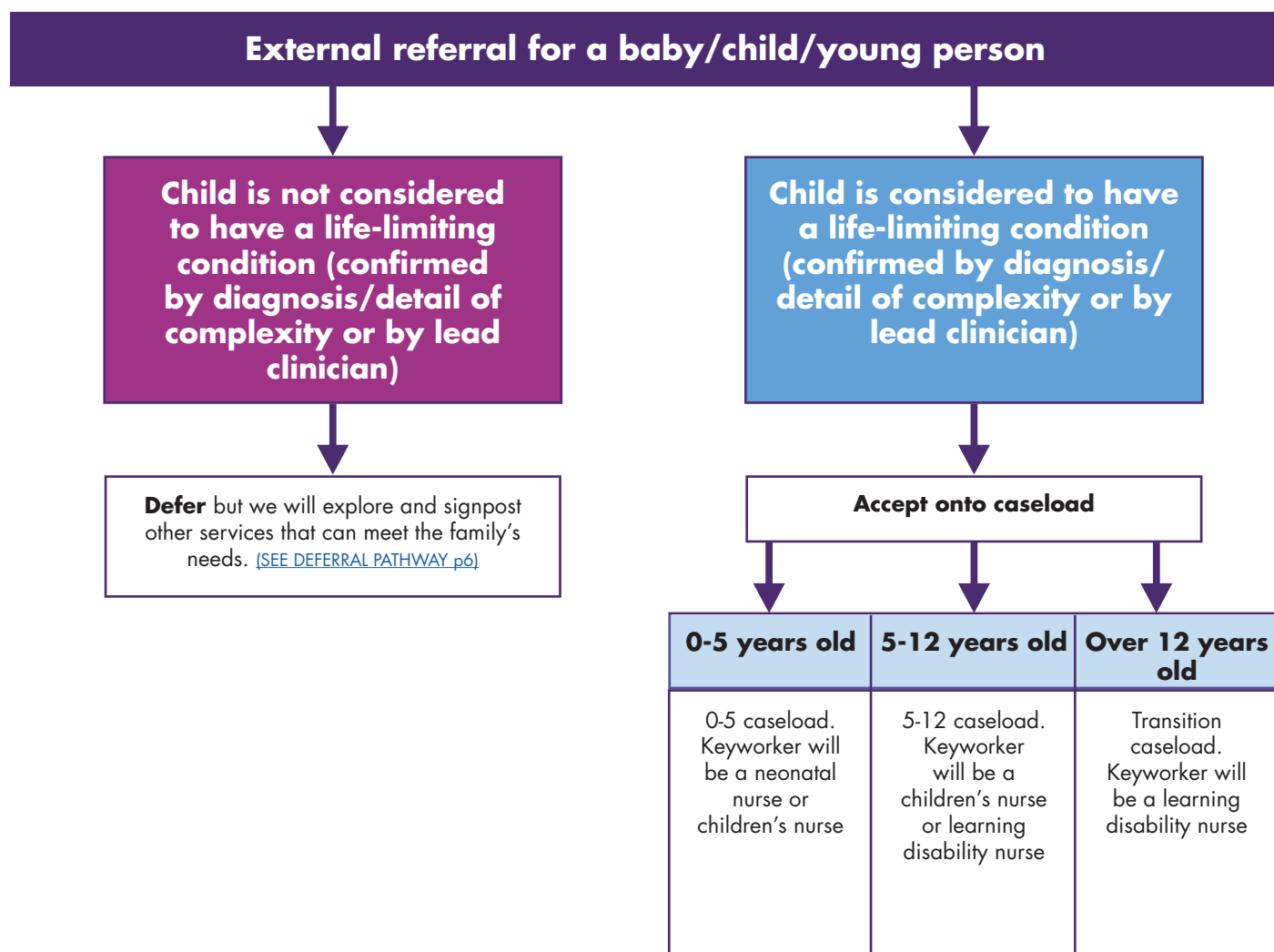
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Support for babies, children and young people

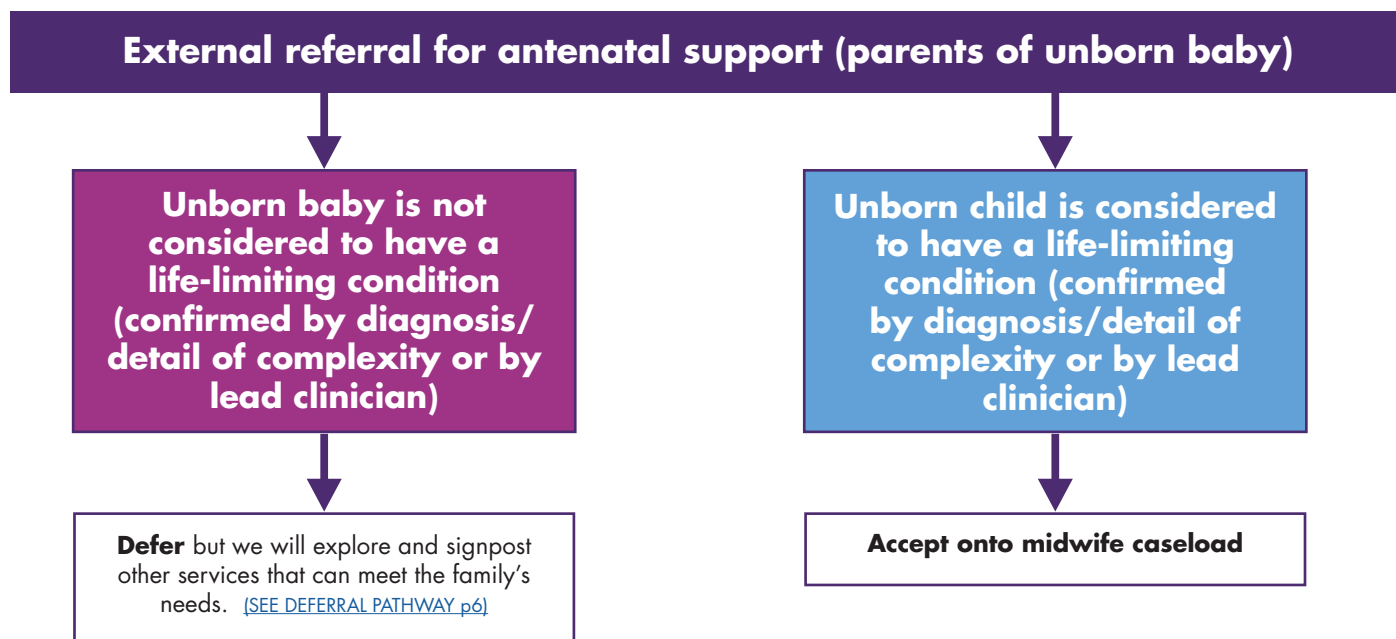
We support babies, children and young people with clinical care including ongoing symptom management, advanced care planning and liaising with the team supporting the child. We also provide respite care, short breaks, creative therapy, hydrotherapy and sensory play, activities and days out to help them live as full a life as possible.



Summary: Family live in West Yorkshire. Their child has a life-limiting condition and is aged 0-18 at time of referral.

Support during pregnancy

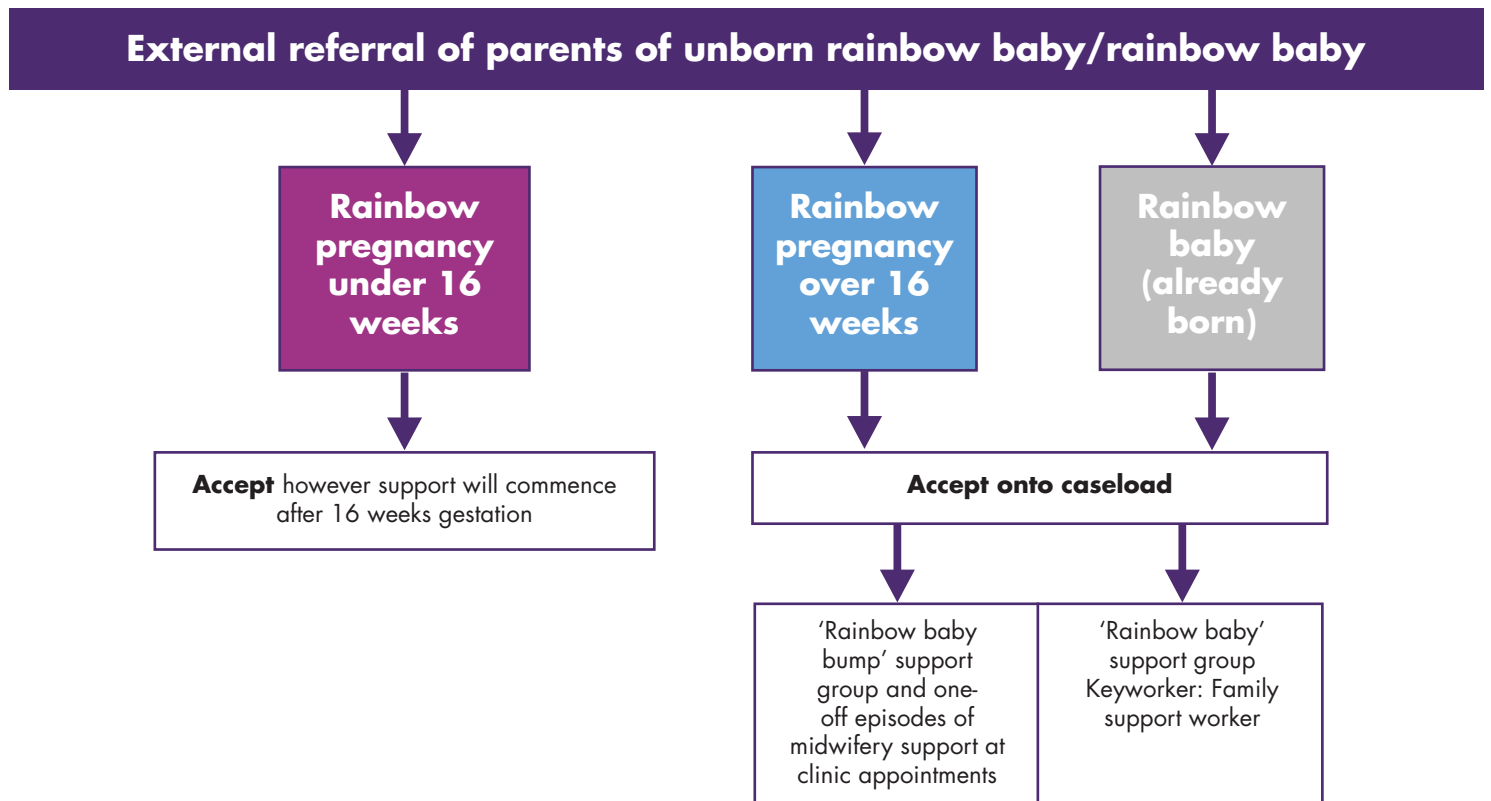
Our midwife supports families during pregnancy by attending antenatal appointments, helping with birth plans and enabling them to make informed choices at all stages of their pregnancy.



Summary: Family live in West Yorkshire. From 16 weeks+ gestation, with unborn baby diagnosed as having a potential life-limiting or life-threatening condition.

Support for parents of rainbow babies

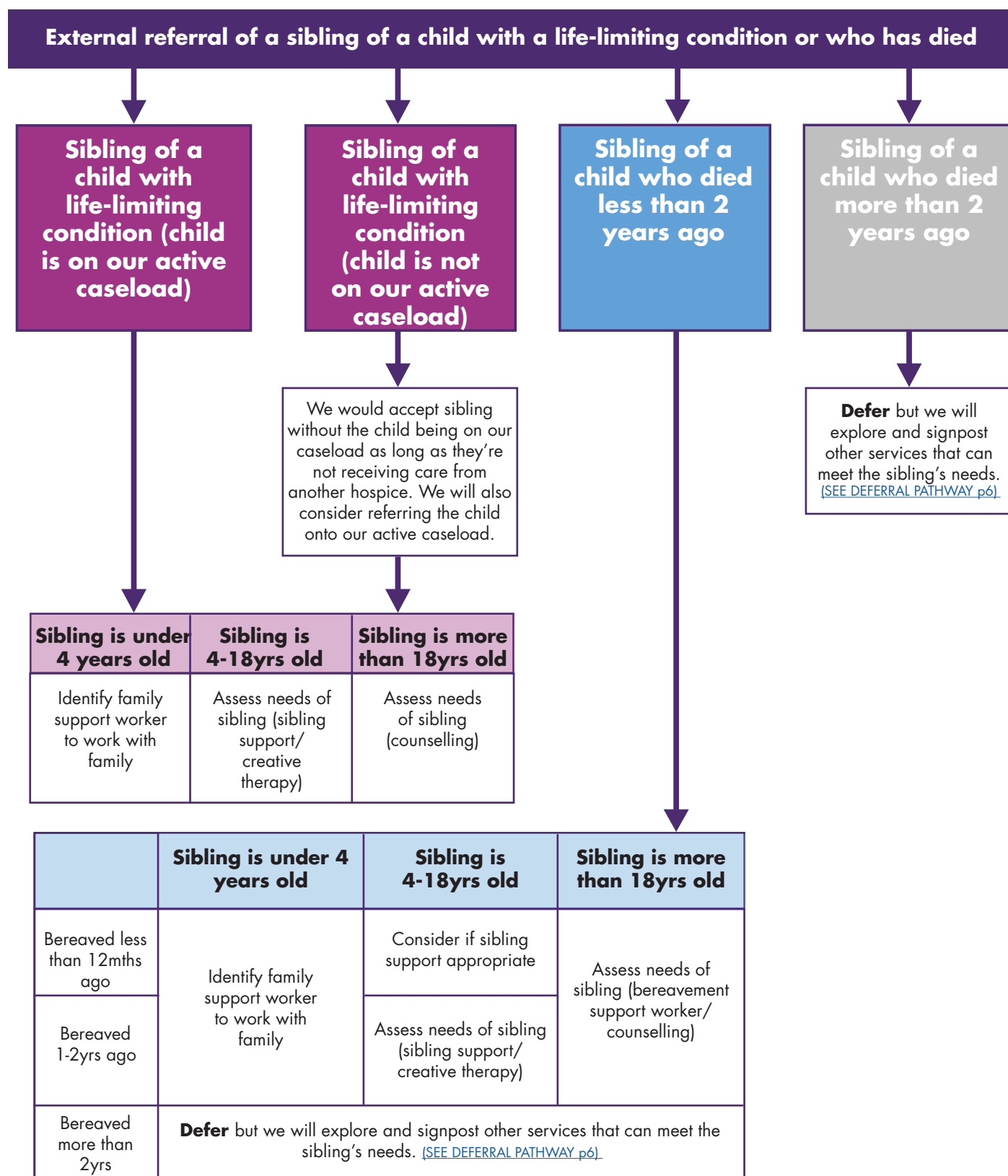
We support families who are having or have had their first healthy baby following the loss of a baby with peer to peer support and access to our midwife, to help improve their mental and emotional wellbeing at what can be an anxious and challenging time.



Summary: Family live in West Yorkshire. Currently experiencing first healthy pregnancy (16+ weeks gestation) or first healthy baby (up to 1 year old) following the loss of a baby.

Sibling support

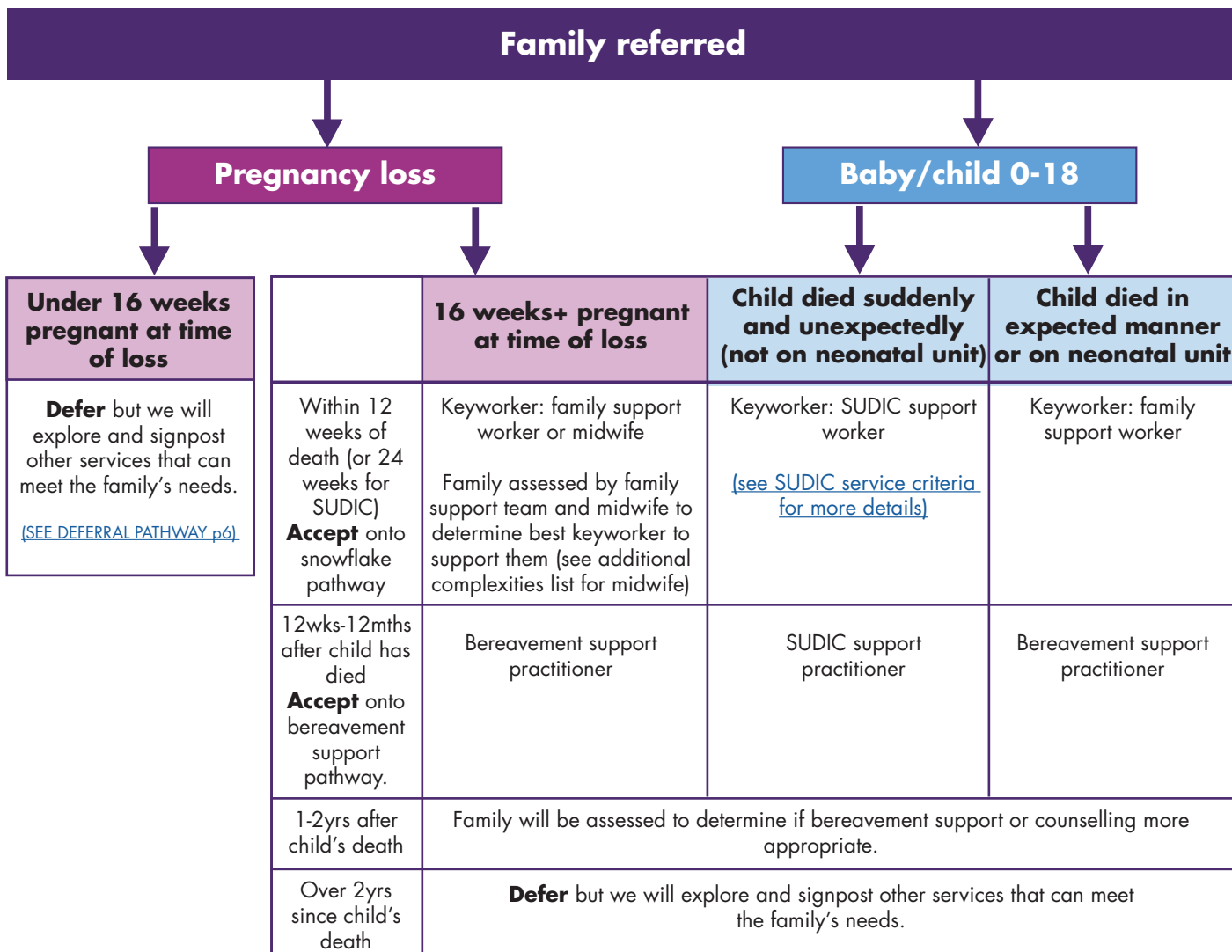
We support siblings of children with life-limiting conditions or who have died with counselling, creative therapy, bereavement support and activities to help them express and deal with their anxiety, grief and confusion about their brother or sister.



Referral summary: Child/young person lives in West Yorkshire. Have either a sibling with a life-limiting condition (including unborn) on our caseload or a sibling (including unborn) who has died within the last 2 years.

Support for families following a bereavement

We support families whose baby or child has died with bereavement support, counselling and therapy to help them feel better able to cope with their grief, improve their mental and emotional wellbeing and build their resilience.



Summary: Family live in West Yorkshire. Their child died from 16 weeks pregnancy up to 18 years old. Referred within 2 years of the child's death/loss in pregnancy.

Deferral Pathway

What happens if a child or family does not meet our eligibility criteria



At referral panel:

- We will allocate a named person to follow up with the family
- Record the reason for deferral on our records system (SystemOne)
- Ensure this is followed up and fed back in a timely manner.

Allocated person to:

- 1) Explore other services that can meet need for this family
- 2) Contact family within 3 days of panel to inform them of decision made and alternative options of service provision. Ensure this information is relayed sensitively by telephone or in person
- 3) Ensure referrer also informed of deferral/reason and alternatives suggested
- 4) Document conversations on SystemOne
- 5) Feedback at next panel.

Criteria and offer per service

Please note all children and families must live in West Yorkshire.

	Inclusion/criteria	Service offer	Duration
Antenatal support	Parents of an unborn baby (16 weeks+ gestation) who has diagnosis of probable life-limiting or life-threatening condition	<p>Family support: 1-1 telephone/video call fortnightly contact (minimum) as clinical situation dictates including individualised planning, anticipatory grief support, midwifery advice</p> <p>Support at antenatal appointments/ scans if appropriate</p> <p>Work with multidisciplinary team internally and externally including individualised birth planning, advanced care planning, parallel planning</p> <p>Signpost parents and siblings to other professionals, internally and externally as appropriate</p> <p>Antenatal memory making e.g. scans, time in hydropool</p>	Up to 28 days after delivery or death of baby
Baby/child/young person support	Any baby/child/young person (aged 0-18) with a life-limiting condition who is not currently supported by another hospice	<p>Access to a nurse keyworker who will co-ordinate hospice care and refer into other services both internally and externally as appropriate</p> <p>Offer advanced care plan document and work with families and wider multidisciplinary team to pull together information for this plan, promoting parallel planning for child/family</p> <p>Assess for short breaks service – day care/overnight stays. Hospice at home depending on assessed level of dependency/need utilising framework for assessment</p> <p>Access to 'crisis' short breaks</p> <p>Step down care following a hospital stay</p> <p>Access to clinical team to support symptom management and assessment and liaison with wider MDT</p> <p>End of life care – support at home, hospice or hospital as appropriate</p> <p>Access to snowflake care at the hospice, and support to transition to snowflake pathway delivered by family support team</p>	From point of acceptance to caseload until end of life (or child reaches 21 years of age)

	Inclusion/ criteria	Service offer	Duration
Family support assessment	Any family on active caseload (including antenatal) Any family where panel unable to determine which family support service best meets family's needs	Family assessment to determine which service/services internally or externally would best meet a family's needs	One off assessment
Family support workers (active families)	Any family on active caseload	Support to complete forms / apply for funding / wishes and grants	One off episode
		Attendance at groups (walking group, spice and sparkle, grandparents group)	Ongoing access to groups
		Emotional support	May be one off episode or ongoing access according to assessment of needs
		Family support for families from South Asian origin where English may not be their first language	Ongoing access

	Inclusion/ criteria	Service offer	Duration
Family support worker (bereaved families excluding SUDIC)	Parents of a baby/ child/young person who has died in past 12 weeks (excluding SUDIC)	1-1 Emotional support/immediate post-bereavement care. Signpost to other services as required	Up to 12 weeks after bereavement
		Support with practical issues such as planning funeral/registering death	Up to 12 weeks after bereavement
		Support around how to provide emotional support for young siblings including contact with schools as appropriate	12 weeks after bereavement
		Assess and signpost onto bereavement support team at end of 12 week period if appropriate	One off
		Access to groups (walking group, spice and sparkle, grandparents group)	Up to 2 years after bereavement
Family support worker (SUDIC)	Parents of a baby/ child/young person who has died in past 24 weeks suddenly and unexpectedly PLUS confirmation from police that not investigating any parental involvement in the child's death	1-1 Emotional support/immediate post-bereavement care. Signpost to other services as required	24 weeks after bereavement
		Liaison with police/coroners and social care – and support for family to navigate this process	Up to 24 weeks after bereavement
		Support with practical issues such as planning funeral/registering death	One off episode of care
		Support around how to provide emotional support for young siblings including contact with schools as appropriate	Up to 24 weeks after bereavement
		Support leading up to and throughout inquest process.	One off
		Assess and signpost onto bereavement support team at end of 24 week period if appropriate (this may be extended if the inquest is planned for after this period for continuity of support)	One off
		Access to groups (walking group, spice and sparkle, grandparents group)	Up to 2 years after bereavement

	Inclusion/ criteria	Service offer	Duration
Sibling support	Siblings (aged 4-18) of children on our active caseload or children who have died within last 2 years	Attendance at sibling events and open/closed sibling groups	Invited to events as appropriate
		Advice and guidance for parents on supporting siblings	May be a one off or a time limited intervention
		Emotional wellbeing support both pre and post bereavement	Usually 12 week block of planned sessions
		Advice/guidance for schools	Ad-hoc as required
Bereavement support practitioner	Bereaved parents or siblings aged 18+. Referred between 12 weeks and 2 years following bereavement (or 24 weeks to 2 years for SUDIC practitioner)	<p>Fortnightly/monthly bereavement support sessions as 1-1 or couple</p> <p>Focus on memories/narrative and emotional support</p> <p>Attendance at bereavement support groups</p> <p>Assessment during and at end of bereavement support period, refer on to other services internally and externally as appropriate</p>	12-24 week period
Counselling	<p>Parent or sibling (more than 18yrs old) of a child on our active caseload as an outcome of a family support assessment</p> <p>Parent or sibling (more than 18yrs old) of a baby/ child who has died between 6 months and 2 years previously who has accessed bereavement support already</p> <p>Excludes individuals who are accessing therapeutic support, either within FMN or from another organisation</p>	1-16 sessions with a counsellor, non-directive talking sessions	Time limited in line with sessions

	Inclusion/ criteria	Service offer	Duration
EMDR	<p>Parent or sibling (more than 18yrs old) of a baby/ child who has died between 6 months and 2 years previously who has accessed bereavement support already and been assessed as a suitable candidate</p> <p>Excludes individuals who are accessing therapeutic support, either within FMN or from another organisation</p>	<p>Eye movement desensitisation reprocessing therapy</p> <p>In-depth structured support focussing on traumatic memories</p>	Minimum 10 sessions
Rainbow pregnancy (family support and midwife)	First subsequent pregnancy (16+ weeks gestation) after the death of a baby under 2 years old	<p>Attend rainbow bump support group monthly</p> <p>Access to midwife clinic/s if required to assist with birth plan</p> <p>Signposting to other services if required (internally and externally)</p>	Up to the point of delivery of the rainbow baby
Rainbow baby	<p>First subsequent birth of a child following the death of a baby up to 2 years old</p> <p>Subsequent baby aged under 1 year old at point of referral</p>	<p>Attend rainbow baby support group fortnightly</p> <p>Rainbow baby massage</p>	Up to rainbow baby's 2nd birthday